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Tantric Massage Better Sex Life

That means you don't need to learn a whole new set of sex skills and/or configurations. Instead, you're applying a ~tantric flair~ to enhance the positions you already know by slowing down, de-centering the orgasm, maintaining eye contact, and focusing on deep loving. (If that sounds like mushy mumbo-jumbo to you, check out Everything You Need and Want to Know About Tantra and Tantra Sex, then come right back here.) Still, some positions lend themselves to tantric sex better than others.

7 Tantric Sex Positions for More Intimacy In Your ...

improve your overall sex life And, because of how deliberate tantra is, Dr. Brito explains that this “pleasure-based sexuality” places a much higher emphasis on knowing yourself and how you...

Tantric Masturbation: What It Is, How to Do It, and the ...

‘A tantric massage is a full-body massage that arouses sexual energy in the receiver and then consciously moves that energy around the body,’ she explains. ‘It’s a beautiful way to experience the...

What is tantric massage? A step-by-step guide to tantric ...

You know what massage is all about — another person works your muscles with just the right amount of pressure to relieve pain and reduce stress. Tantric massage is similar to an extent — however,...

What Is Tantric Massage, & Can It Help Your Sex Life ...

In fact, there are some easy ways you can add tantric sex techniques to your sex life that will make it just a little bit steamier. What is tantric sex? Tantric sex dates back thousands of years and is all about accessing a deeper connection between you and your partner. The goal is to feel more pleasure for more extended periods of time.

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7 Tantric Techniques to Make Sex Last Longer - Best Life

Tantra is the perfect 'tool' to enhance your intimate connection if you: Crave more intimacy, passion and pleasure- in AND out of the bedroom. You want your sex to feel "sacred" and experience a communion of body and soul. You yearn for a slower, more sensual intimate connection

Tantra for Couples - Improve Your Sex Life with Tantric ...

A Better Sex Life. Tantric massage can help you understand your body through touch. Some men find parts of them awoken that they never knew existed, and giving up control of your body is exhilarating. As you learn about your body's reaction you'll learn about your sexuality. Learning how to touch and be touched can improve your sex life at ...

5 Reasons Why You Should Have A Tantric Massage

Like yoga, tantra is all about physical and spiritual awareness. When you learn and practice tantra, you become more in-tune with your body, what gives it pleasure, and the way it feels pleasure.

Tantric Sex: 26 Tips on How to Practice, Positions to Try ...

Tantric sex is an incredible way to supercharge intimacy, connection, have a meditative, yet sexual experience together. It's not something you do on random hookup, it's a way to rejuvenate your existing relationships.

The Best Tantric Love Techniques & Tantric Sexology in 2019

Tantric sex practices can help you have better orgasms and enhance communication between you and your partner. Here's what you need to know.

What is Tantric Sex? 5 Ways It Can Make Sex Better ...

Psalm Isadora was one of the top tantra experts in the world. She passed away in March of 2017 and during her life was a highly sought-after sexuality, relationship, and trauma expert specializing in women's health and empowerment as well as modern sexual education.

Tantric Techniques For Simultaneous Orgasms Every Time

Basically, tantric sex is sex... but wayyy better. "It's sex that's a mind-altering journey," says Martin. "It's an exploration of how much deeper, dynamic, healing, creative, and inspiring sex can be when you allow it to be about more than just the orgasm." If you take anything away, make it this: Orgasm is not the goal of tantric sex.

What Is Tantric Sex, and How Do You Do It? | Shape

Tantric Massage; Contact; Welcome to the Ocean of Love. ... Aerial is a gentle soul and healer who helped me to better understand myself and honour the goddess in me by holding space for family healing issues and teaching how sacred sexual massage helps heal on very deep levels. She gave me the tools, insights and information which helped boost ...

Sacred Sex and Tantric Intimacy Coaching - Sacred Sex ...

Sacred sex is often associated with Tantra. Tantric techniques are designed to use sexual energy to reach higher or altered states of consciousness. In other words, sacred sex brings the physical act of lovemaking to a whole new realm of highly pleasurable and powerful mind-body connections with your partner.

Sacred Sexuality: How to Ride that Sacred Wave of Pleasure

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Tantra sex can be officially divided into two categories dubbed 'red tantra' and 'white tantra.' White tantra is the solo practice, while red is the tantra with a partner—"it's where you take everything from your solo practice and bring it into the lover," explains Leah Piper, a tantra educator who conducts More Love seminars.

Business | What is Sex? 5 Ways It Can Make Sex Better.

That brings sex to much higher and incredibly more enjoyable levels. Here is what you can learn & experience in Carla's sessions: To receive a relaxing and pleasurable Tantric massage that will take you out of your critical thinking and connects you deeply with your energy body. You will feel your whole body tingle

Private Tantra Sessions with Carla Tara

Tantra is not only about better sex (though that certainly will happen); it is sexuality as a sacred spiritual meditative state of being. Though often misinterpreted in the West, Tantra is not all about immediate gratification through sexual satisfaction. Tantra is life affirming and life altering. Tantra practice helps you to shift gracefully ...

Tantra NYC :: Sensual By Nature Studio :: New York City

Treat yourself to a life-changing profession! If you are a healer, want to learn tantra, are looking to be a sex / relationship coach, want to heal past emotional wounds and traumas, want to deepen self-knowledge or just want to expand your knowledge, come join us! Course begins Friday night 6-9pm and continues Sat-Mon full days

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