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By Deepak Chopra Md Magical
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Deepak Chopra, MD serves as the Founder and Chairman of The Chopra Foundation, and Co-Founder of the Chopra Center for Wellbeing. As a global leader and pioneer in the field of mind-body medicine, Chopra transforms the way the world views physical, mental, emotional, spiritual, and social wellness.

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To facilitate this process, the Chopra Center developed the Magical Beginnings program for parents and training programs for prenatal educators to aid them in integrating ayurvedic therapies (focused on nutrition, sound, sight, touch and aroma), meditation, yoga, visualization and journaling into a holistic approach to pregnancy.

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Deepak Chopra™ - Official Website
Deepak Chopra (/ ˈ d ɪː p ɑː k ɪ ˈ tʃ ɒ p r ə /; Hindi: [d̪iːpək tʃoːpraː]; born October 22, 1946) is an Indian-American author and alternative-medicine advocate. A prominent figure in the New Age movement, his books and videos have made him one of the best-known and wealthiest figures in alternative medicine.. Chopra studied medicine in India before emigrating in 1970 to the ...

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Chopra is a prolific author of more than 80 books translated into over 43 languages, including numerous New York Times bestsellers. His ground breaking book, Super Genes, coauthored with Dr. Rudolph Tanzi (Harmony, November 2015) focuses on the new genetics and is revolutionizing how we understand ourselves and the health of those around us.

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